“Philosophy” => love for wisdom

“philo” -> “love”

“Sophia” -> “wisdom”

1. **Knowledge** of the **true** and the **good**
   1. What is intrinsically valuable and worth pursing for its own sake
   2. Philosophers are not the only ones who *claim* to have this knowledge
      1. Revealed religion
      2. Mysticism => meditation, yoga
      3. Rational Argumentation => debate with proof
         1. Logic, argumentation, and critical thinking are to philosophy what math is to physics
   3. No sharp boundaries!
   4. Focus is on rational argumentation…
2. A willingness and ability to act on the basis